

# UNIVERSITY OF FORT HARE

Bachelor of Education (FET)

**Guidance and Counselling for Educators**  
**SGC 411 / EDF 411**

**June Examination**

**2023**

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**Time: 3 hours**  
**Subject: SGC 411 / EDF 411**  
**Marks: 100**

**This paper consists of 3 pages including the cover page**

**Internal Examiners**

**Mr M.B. Nkohla**

**External Examiner(s)**

**Ms M. Mthembu**

**INSTRUCTIONS**

**Answer all questions**

**Write neatly**

**Question One: [25 Marks]**

According to Daniel Goleman, an American psychologist who wrote extensively on EI, there are five main elements of EI. These include **1) Self-awareness, 2) Self-regulation, 3) Motivation, 4) Empathy, and 5) Social Skills**. How are the elements relating to your previous life experience as a learner, and how are you currently relating to each element? Share your experience and give practical examples thereof.

*NB: Your voice and agency need to be evident in your response to this question. You are not expected to reproduce the notes that you were given. Experiences differ, and each person has a different experience.*

(25 marks)

**Question Two [35 Marks]**

2.1. Give practical experiences where you were sympathetic and when you were empathetic. Make us understand how these two scenarios were different so that the differences between empathy and sympathy are outwardly evident.

(10)

2.2. Learners are always victims of harsh circumstances, and there are several challenging issues that they face, that can be solved by counseling.

**IN YOUR OWN WORDS**, as a prospective educator, reflect on the following challenging feelings, and outline how would you assist a learner affected by each; explain how has each feeling affected you, and how you applied Emotional Intelligence in dealing with the feeling. In your discussion, share practical experiences and examples where practicing emotional intelligence helped you control a situation.

- Feelings of disappointment
- Feelings of being unwanted
- Feelings of committing suicide
- Feelings of losing a loved one (grief)
- Feelings of incapability in controlling own life or difficulties in decision making

(25)

**NB: You are required to reflect on your personal experience. DO NOT REPRODUCE NOTES.**

(35 marks)

<b>Question Three [20 Marks]</b>	
Critically reflect on your life experiences as a learner, and take us through situations in which you needed intervention from each of the following theories. Narrate how it was used, and how did it help you. Knowing that learners are victims of circumstances, argue under what circumstances, when and why would you use it with your own learners.	
3.1 Psychoanalysis/Psychodynamic Theory	(5)
3.2 Behavioural Theory	(5)
3.3 Cognitive Theory	(5)
3.4 Humanistic Theory	(5)
	(20 Marks)

<b>Question 4 [20 Marks]</b>	
The provision of guidance is not a one-time event but an ongoing process that encompasses various dimensions. During one of our sessions, we had a critical discussion on these dimensions and how they are relevant to our contextual realities, as well as to the learners we teach. Please reflect on each of the following dimensions of guidance and describe when and how you plan to utilize each one. Also, explain the reason(s) why you would use each dimension.	
• Personal problems	
• Educational problems	
• Vocational problems	
• Appraisal of individual's performance	
	(20 Marks)
..... <b>TOTAL: 100 MARKS</b> .....	
<b>GOOD LUCK</b>	