

UNIVERSITY OF FORT HARE

INTRODUCTION TO SOCIAL  
WORK METHODS

SUPPLEMENTARY EXAMINATIONS

MAY / JUNE

2025

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Time:

3 hours

Subject:

SWK110 and SWK110E

Marks:

100

This paper consists of 5 pages including the  
cover page

Internal Examiners

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INSTRUCTIONS

Please note:

Section A: Alice students – Answer all questions  
Section B: East London students – Answer all questions

Please read the instructions carefully.

**SECTION A (ALICE CAMPUS STUDENTS ONLY):**  
Instructions: Please note that all questions are compulsory.

**Question 1**

- a. Discuss the history of social welfare in South Africa [10]
- b. Explain fully the three basic functions of social work [10]
- c. Mention five features central to social developmental approach according to Patel (2005) [5]

[25]

**Question 2**

- a. Discuss the following social work principles:

- Confidentiality [5]

- Self-determination [5]

- Non-judgementalism [5]

- b. Discuss any two of the traditional methods of social work [10]

[25]

**Question 3**

- a. Define social work according to Bartlett (2017) [3]
- b. What is your understanding about social development [2]
- c. According to Vassef (2009) social welfare includes two main characteristics, mention them [2]
- d. Define social welfare according to Friedlander (2014) [2]
- e. Explain the following concepts of practice framework:
  - Values [2]
  - Knowledge [2]
  - Methods [2]
  - Purpose [2]
- f. Mention five categories of social work practice according to Hepworth (2016) [5]
- g. Explain the following SACSSP principles:
  - Social justice [1]
  - Competence [1]
  - Respect for people's worth, human rights and dignity [1]

[25]

**Question 4**

- a. Briefly explain three distinguishing characteristics of social work [6]
- b. The general approach of Social Service Act No. 10 of 1978 is based on seven ethics, Mention any four [4]
- c. Social work is based on three premises, briefly explain them [3]
- d. What is the purpose of social work according to Pincus and Minihan (2019) [4]
- e. Mention functions of social work according to the Curriculum Study (2008) [3]
- f. Outline and explain the four components of casework defining a CLIENT [4]
- g. What is the role of South African Council for Social Service Profession (SACSSP) [1]

[25]

**SECTION B (EAST LONDON STUDENTS ONLY):**

Instructions: Please note that all questions are compulsory.

**Question 1**

- a) List and discuss three (3) methods of social work. (6)
- b) Compare between residual and institutional view model. (10)
- c) Name 4 principles that a Developmental Approach is based on (4)
- d) List and discuss five characteristics of social work as a profession. (10)

[30]

**Question 2**

- a) Explain ethical standards that SACSSP has, for the profession, client and practice/colleagues. (6)
- b) Name 5 influences of person in an environment. (5)
- c) Define what social auxiliary work is. (2)
- d) Name 6 millennium developmental goals. (6)
- e) Name 5 aspects of global social work statement on ethical principles. (5)

[24]

**Question 3**

- a) Name and explain 5 basic interpersonal skills in a helping relationship. (10)
- b) What is group work? (2)
- c) Name and explain types of group work. (4)
- d) Name and give a brief description of 6 roles of a professional social worker. (6)

[22]

**Question 4**

- a) Name and discuss stages of group work development. (10)
- b) List and explain 7 stages in participatory community practice. (14)

[24]

[100]