

# UNIVERSITY OF FORT HARE

## EAST LONDON CAMPUS

**LSE212E**

**Life Skills Education 1 (English)**

**BACHELOR OF EDUCATION**

**Year 2**

**June Examination 2023**

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**Time: 3 Hours**

**Subject: Life Skills Education 1 (English)**

**Marks: 100**

**This paper consists of 4 pages including the cover page**

**Examiner**  
Ms B. Williams

**Internal Moderator**  
Ms P. Maxakato

**Instructions:**

1. There are five compulsory questions in this examination paper.
2. Answer ALL questions.
3. Please number your questions correctly.
4. Please ensure that your student number is clearly written on the front page of your examination book.

### QUESTION 1

*"The Life Skills subject is central to the holistic development of learners. It is concerned with the social, personal, intellectual, emotional and physical growth of learners, and with the way in which these are integrated."*(CAPS)

1.1 List and briefly explain the four study areas for Life Skills in the Foundation Phase. (10)

1.2 A safe environment will instill confidence into learners to explore their learning environment.  
Describe five safety measures that Foundation Phase teachers need to be aware of. (15)

**[25 marks]**

### QUESTION 2

#### 2.1 Multiple Choice Questions (*Please number and write only the answer*)

2.1.1 Who proposed the bio-ecological systems theory? (2)

- a) Bronfenbrenner
- b) Hahn
- c) Elliott
- d) Tudge

2.1.2 What is the outermost system in the ecological model? (2)

- a) The exosystem
- b) The mesosystem
- c) The microsystem
- d) The macrosystem

2.1.3 Which level in the bio-ecological model is characterised by interactions between immediate environments? (2)

- e) The exosystem
- f) The mesosystem
- g) The microsystem
- h) The macrosystem

2.1.4 In which bio-ecological system would the parents' workplace be located? (2)

- a) The mesosystem
- b) The microsystem
- c) The chronosystem
- d) The exosystem

2.1.5 In which system of Bronfenbrenner's theory are links between the family and the school important? (2)

- a) The mesosystem
- b) The exosystem
- c) The chronosystem
- d) The microsystem

**[10 marks]**

### **QUESTION 3**

3.1 Explain how the Mesosystem influences a child's development? (5)

3.2 Discuss why Bronfenbrenner's theory is important to educators? (5)

3.3 Which system does Bronfenbrenner say is the most influential on a developing child? Why do you say so? (5)

**[15 marks]**

**QUESTION 4**

*"Healthy self-esteem is like a child's armour against the challenges of the world"*

4.1. Explain what you understand by the term "**self-esteem**". (2)

4.2 Describe the signs of *unhealthy* and *healthy* self-esteem in children. (8)

4.3 Name and discuss the five needs of the Foundation Phase learner according to Maslow's hierarchy of needs. (20)

**[30 marks]**

**QUESTION 5**

5.1 Explain why planning a physical education lesson is important. (5)

5.2 With reference to the Curriculum and Assessment Policy Statement (CAPS) – Physical Education

**Skill:** *Spatial Orientation – using beanbags*

Develop *comprehensive lesson ideas* for the teaching of this skill to a grade 2 class. Include:

5.2.1 Lesson outcomes. (3)

5.2.2 Warm up activities. (2)

5.2.3 A variety of activities using the bean bags that will develop spatial orientation. (6)

5.2.4 A game using the bean bags. (2)

5.2.5 Cool down activities. (2)

(15)

**[20 marks]**

**TOTAL [100]**

**END OF EXAMINATION**