

# UNIVERSITY OF FORT HARE

## EAST LONDON CAMPUS

**LSE222E**

Life Skills Education

BACHELOR OF EDUCATION

Year 2

November 2019

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Time: 3 Hours

Subject: Life Skills Education

Marks: 100

This paper consists of 6 pages including the cover page

Examiner  
Ms B. Williams

Internal Moderator  
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Instructions:

1. There are four compulsory questions in this examination paper.
2. Answer ALL questions.
3. Please number your questions correctly.
4. Please ensure that your student number is clearly written on the front page of your examination book.

### QUESTION 1

*"The Life Skills subject is central to the holistic development of learners. It is concerned with the social, personal, intellectual, emotional and physical growth of learners, and with the way in which these are integrated."* (CAPS)

1.1 List and explain the four study areas for Life Skills in the Foundation Phase.

(20)

1.2 Explain your understanding of **structured activities** in a Life Skills lesson. (5)

[25 marks]

### QUESTION 2

**2.1 Multiple Choice Questions** (*Please number and write only the answer*)

2.1.1 Who proposed the bio-ecological systems theory?

(2)

- a) Bronfenbrenner
- b) Hahn
- c) Elliott
- d) Tudge

2.1.2 What is the outermost system in the ecological model?

(2)

- a) The exosystem
- b) The mesosystem
- c) The microsystem
- d) The macrosystem

2.1.3 Which level in the bio-ecological model is characterised by interactions between immediate environments? (2)

- e) The exosystem
- f) The mesosystem
- g) The microsystem
- h) The macrosystem

2.1.4 In which bio-ecological system would the parents workplace be located? (2)

- a) The mesosystem
- b) The microsystem
- c) The chronosystem
- d) The exosystem

2.1.5 Desforges and Abouchar (2003) observed which of the following findings? (2)

- a) Performance on the Eleven-Plus predicts children's achievement at secondary school
- b) Teachers who act as role models have the biggest positive effect on children's achievement at school
- c) None of these
- d) Good parenting has the biggest positive effect on children's achievement at school

2.1.6 Which type of parenting would be characterised as a high and nurturing environment with children while placing very few restrictions on them? (2)

- a) Authoritative parenting
- b) Indulgent parenting
- c) Authoritarian parenting
- d) Neglectful parenting

2.1.7 Which type of parenting would be characterised as encouraging independence, but providing clear boundaries and limits for behaviour?

(2)

- a) Authoritative parenting
- b) Indulgent parenting
- c) Authoritarian parenting
- d) Neglectful parenting

2.1.8 Miller et al. (2012) identified that authoritarian parenting can result in which of the following outcomes? (2)

- a) The development of artistic dispositions
- b) Perfectionism and a lack of creativity
- c) Nurturing and compassionate relationships
- d) Over-confidence and a lack of discipline

2.1.9 In which system of Bronfenbrenner's theory are links between the family and the school important? (2)

- a) The mesosystem
- b) The exosystem
- c) The chronosystem
- d) The microsystem

2.1.10 Epstein (2001) placed importance on which of the following (2)

- a) The school
- b) The community
- c) The family
- d) All of these

[20 marks]

### QUESTION 3

Read through this scenario and answer the questions that follow.

Zanele is a 8 year old child in your class. The family live in NU11 in Mdantsane. She is brought up by her grandmother as her mother and father were not married. Her mother lives in Johannesburg. She does not see her father. Her grandmother has just come to tell you that she has had Zanele tested and she is HIV/Positive

3.1 What are the Universal Principles for dealing with accidents at school that deal with blood or other bodily fluids? (4)

3.2 Explain what you would do to make sure that the Universal Principles of washing hands and dealing with accidents are done on a regular basis in your Foundation Phase classroom. (6)

*"Healthy self-esteem is like a child's armour against the challenges of the world"*  
3.3. Explain what you understand by the term "**self-esteem**". (5)

3.4 Describe the signs of *unhealthy* and *healthy* self-esteem. (10)

[25 marks]

#### QUESTION 4

4.1 Explain why planning a physical education lesson is important (5)

4.2 With reference to the Curriculum and Assessment Policy Statement (CAPS) – Physical Education

**Topic:** *Spatial Orientation*

Develop a *comprehensive lesson plan* for the teaching of this topic to a grade 2 class. Include:

1. Lesson outcome
2. A warm up,
3. A variety of activities and state which skills these activities cover.
4. Cool down.
5. Equipment that is needed (25)

[30 marks]

TOTAL [100]

END OF EXAMINATION