

UNIVERSITY OF FORT HARE
Faculty of Social Science & Humanities
Department of Social Work & Social Development

SWK315A/E

Trauma and Grief Counselling

DEGREE EXAMINATIONS

JUNE 2023

Main Paper

Time: 2 Hours

Marks: 50

This paper consists of two pages including the cover page

Internal Examiner

Ms. Tembisa Maselana (Alice)

Ms Robyn-Ann (EL)

Internal Moderator

Dr E Hendricks (Alice)

Ms Kim Schmidt (East London)

SECTION A

QUESTION ONE

Critically discuss the strategies in grief therapy using the Companioning Model of Bereavement Care by Dr. Alan Wolfelt. **(15 marks)**

Critically discuss the difference between trauma and grief. **(10 marks)**

(Total = 25 marks)

SECTION B

QUESTION TWO

2a) Discuss three techniques used in grief counselling **(5 marks)**

2b) Differentiate between grief counselling and grief therapy add examples **(10 marks)**

QUESTION THREE

Briefly explain the factors you should consider in a grieving process of a child. **(10 marks)**

QUESTION FOUR

List and explain 5 common mental health effects of trauma and support your answer with examples. **(10 marks)**

QUESTION FIVE

Explain Erik Erikson's Stage 4 & Stage 5. **(10 marks)**

(Total = 25 marks)