

UNIVERSITY OF FORT HARE
Faculty of Social Science & Humanities
Department of Social Work & Social Development

SWK315A/E

Trauma and Grief Counselling

DEGREE EXAMINATIONS

JUNE 2023

Main Paper

Time: 2 Hours

Marks: 50

This paper consists of three pages including the cover page

Internal Examiner

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Instructions

Please note:

Answer all questions in Section A – Question 1 is compulsory.

Answer any three questions in Section B.

SECTION A - COMPULSORY

QUESTION ONE – COMPULSORY

CASE STUDY:

Lerato is a first-year university student who has been learning all about the introduction to social work.

Her home is based in the rural area of Engcobo and for most of her life her exposure has been to farm life in Engcobo. She has been isolated from the social and economic occurrences in the main towns such as Mthatha and East London.

It is the first year that she has been exposed to social media and has established profiles for herself on Instagram and TikTok. Due to her naivety on both platforms, she has found herself being relentlessly body-shamed and cyberbullied.

She resorted to self-harming, hiding in her residence and restricting food to the point of her becoming dizzy and anaemic. Her peers found her on the floor at the residence her door was bashed in, and she was crying and bleeding.

Answer the following questions:

1a) Explain 5 of the aims of defusing and why these would immediately assist in this case study (5 x 3 marks = 15 marks).

1b) Explain the type of trauma experienced in the case study, and support the answer with examples (5 marks)

(Total = 20 marks)

SECTION B – ANSWER ANY THREE OF THE FOLLOWING

QUESTION TWO

2a) Define ACES (2 marks)

2b) Critically discuss neglect and family dysregulation exposure that influences ACES and support your answer with relevant South African examples.

(2x4 = 8 marks)

(Total = 10marks)

QUESTION THREE

Discuss in detail, five social work skills that need to be applied to support the client after a traumatic event. (10 marks)

QUESTION FOUR

Critically reflect on the five common mental health effects of trauma and support your answer with relevant examples. (10 marks)

QUESTION FIVE

10-year-old Nancy recently lost both of her parents in a car accident. She is finding it difficult to cope and move on; briefly explain the factors you should consider in the grieving process of a child (10 marks).