

UNIVERSITY OF FORT HARE

EAST LONDON CAMPUS

LXE 212E

Life Skills Education 1

BACHELOR OF EDUCATION

Year 2

MAIN EXAMINATIONS

JUNE 2023

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Time: 3 Hours

Subject: Life Skills Education 1 (English - IsiXhosa)

Marks: 100

This paper consists of 6 pages including the cover page

Examiner

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Internal Moderator

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Instructions:

1. There are five compulsory questions in this examination paper.
2. Answer ALL questions.
3. Please number your questions correctly.
4. Please ensure that your student number is clearly written on the front page of your examination book.

QUESTION 1

"The Life Skills subject is central to the holistic development of learners. It is concerned with the social, personal, intellectual, emotional and physical growth of learners, and with the way in which these are integrated."(CAPS)

"isifundo sezaKhono zoBomi singundoqo ekwakheni umfundi ngokugqibeleleyo. Sichaphazela ezentlalo, ubume bomntu, ingqondo, uvakalelo, ukwakheka komzimba womfundi nendlela ezinxibelelana ngayo ezi zinto."(CAPS)

1.1 List and briefly explain the four study areas for Life Skills in the Foundation Phase. (10)

1.1 Cacisa udwelise ngokufutshane imimandla emine yokufunda yesifundo zezaKhono ezoBomi. (10)

1.2 *A safe environment will instill confidence into learners to explore their learning environment.*

Describe five safety measures that Foundation Phase teachers need to be aware of. (15)

1.2. Xa lindawo ezisingqongileyo zinokhuseleko zenza abantwana bazinkce batsho bakwazi ukuzimanela izifundo zabo ngokubangqongileyo .

Khawuchaze iindlela ezintlanu esinokulinganela ukhuseleko ekufuneka abafundisi-ntsapho bamabanga asezantsi ekufuneka bezazile.

[25 marks]

QUESTION 2

2.1 Multiple Choice Questions (*Please number and write only the answer*)

2.1 Chonga impendulo efanelekileyo kulemibuzo ingezantsi (Nceda ufake inani uze ubhale mpendulo yodwa).

2.1.1 Who proposed the bio-ecological systems theory? (2)

2.1.1 Ngubani owaqulunqa Theory Bio-Ecological Systems?

- a) Bronfenbrenner
- b) Hahn
- c) Elliott
- d) Tudge

2.1.2 What is the outermost system in the ecological model? (2)

2.1.2 Yintoni outermost system kwi ecological Model?

- a) The exosystem
- b) The mesosystem
- c) The microsystem
- d) The macrosystem

2.1.3 Which level in the bio-ecological model is characterised by interactions between immediate environments? (2)

2.1.3 Leliphi inqanaba le Bio-ecological Model, eliqaqambisa, elibonakalisa unxulumano phakathi kwezikufutshane ezisingqongile.

- e) The exosystem
- f) The mesosystem
- g) The microsystem
- h) The macrosystem

2.1.4 In which bio-ecological system would the parents' workplace be located?

2.1.4 Leliphi inqanaba elisisa kwi bio-ecological system apho umsebenzi womzali ukhoyo? (2)

- a) The mesosystem

- b) The microsystem
- c) The chronosystem
- d) The exosystem

2.1.5 In which system of Bronfenbrenner's theory are links between the family and the school important? (2)

2.1.5 Leliphi elinqanaba ethi Brofrenbrenner's Theory idibanise ukubaluleka kosapho kwakunye nesikolo?

- a) The mesosystem
- b) The exosystem
- c) The chronosystem
- d) The microsystem

[10 marks]

QUESTION 3

3.1 Explain how the Mesosystem influences a child's development? (5)

3.1 Cacisa ukuba elinqanaba lee Mesosystem likukhuthaza kanjani ukukhula komntwana

3.2 Why is Bronfenbrenner's theory important to educators? (5)

3.2 Kutheni Brofrenbrenner's Theory ibalulekilenje kwezemfundo?

3.3 Which system does Bronfenbrenner say is the most influential on a developing child? Why do you say so? (5)

3.3 Leliphi elinqanaba laka Brofrenbrenner elithi ibe lelona likhuthazayo ekukhuleni komntwana? Kutheni usitsho?

[15 marks]

QUESTION 4

"Healthy self-esteem is like a child's armour against the challenges of the world"

4.1. Explain what you understand by the term "**self-esteem**". (2)

4.1. Cacisa ngokokwazi kwakho ngeligama lithi "**self-esteem**"

4.2 Describe the signs of *unhealthy* and *healthy* self-esteem in children. (8)

4.2 Khawuchaze iimpawu ombona ngazo umntwana ongazithembanga, kwanozithembileyo.

4.3 Name and discuss the five needs of the Foundation Phase learner according to Maslow's hierarchy of needs. (20)

4.3 Nika amagama uxoxe ngeendidi zawo ezintlanu ezizimfuno zomntwana lo wakwa Maslow athetha ngazo kwi hierarchy yakhe.

[30 marks]

QUESTION 5

5.1 Explain why planning a physical education lesson is important. (5)

5.1 Khawuchaze kutheni kubalulekile ukulungiselela ukufundisa ngezemithambo.

5.2 With reference to the Curriculum and Assessment Policy Statement (CAPS) – Physical Education

Skill: *Spatial Orientation – using beanbags*

Isakhono: ukukwazi ukuqonda isithuba – usebenzisa ibhegi yombona

Develop *comprehensive lesson ideas* for the teaching of this skill to a grade 2 class. Include:

5.2.1 Lesson outcomes. (3)

5.2.1 Injongo sesifundo

5.2.2 Warm up activities. (2)

5.2.2 Imisebenzi yokwenza shushu.

5.2.3 A variety of activities using the bean bags that will develop spatial orientation. (6)

5.2.3 Intlobo-ntlobo zemisebenzi kusetyenziswa ibhegi yembotyi xa ufuna ukwazi ukuqonda isithuba

5.2.4 A game using the bean bags. (2)

5.2.4 Umdlalo usebenzisa ibhegi yombona

5.2.5 Cool down activities.

(2)

5.2.5 imisebenzi yokupholisa.

(15)

[20 marks]

TOTAL [100]

END OF EXAMINATION