

UNIVERSITY OF FORT HARE
Faculty of Social Science & Humanities
Department of Social Work & Social Development

SWK313A/E

Clinical Social Work: Methods and Interventions

DEGREE EXAMINATIONS

JUNE 2023

Main Paper

Time: 2 Hours

Marks: 50

This paper consists of three pages including the cover page

Internal Examiner

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Instructions

Please note:

Answer all questions in section one

Answer any three questions in section two.

SECTION ONE: COMPULSORY

QUESTION ONE

Read the following case study carefully and answer the questions below.

Thando, 18 years of age was appointed the captain of the school soccer team. The appointment was as a result of his excellent performance in school, and he seemed to be more talented in soccer and consistency at practice. He was a well behaved student. However, Three months later the soccer coach and the principal called in Thando's parents with behavioural concerns about Thando. The school had to withdraw his appointment as soccer team captain.

The concerns regarding Thando's behaviour have been identified as follows:

Thando's academic results have dramatically declined over the last 3 months, his attendance at soccer practice has been erratic and he is not interested in participating in any practices or matches, he has lost strength in his kicking ability and unexpectedly he has been arguing and fighting teammates.

Upon hearing this report from the school, Thando's parents took him to a psychiatrist to discuss the concerning behaviour. The psychiatrist diagnosed Thando with Major Depressive Disorder. After this diagnosis, the parents met with a clinical social worker to seek appropriate interventions.

- (a) Using the case study explain five symptoms of major depressive disorder. (5 Marks)
- (b) Explain the possible causes of major depressive disorder (5 Marks)
- (c) Identify and explain three clinical interventions that would be appropriate for Thando's situation. (10 Marks).

SECTION TWO: Answer any Three Questions

QUESTION ONE

Using relevant examples, discuss five ideal qualities of a clinical social worker. (10 Marks)

QUESTION TWO

- (a) Describe the mediational processes of Social Learning Theory by Albert Bandura (5 Marks)
- (b) Explain the importance of Social Learning Theory in social work practice (5 Marks)

QUESTION THREE

Discuss the First Five stages of Erik Erikson's Psychosocial Development Theory and suggest interventions for the crisis experienced. (10 Marks)

QUESTION FOUR

Identify and discuss at least five roles of clinical social workers in combating HIV/AIDS or TB in South Africa (10 Marks).

End
Good luck